

Pacific Grove Unified School District

Students

Exhibit 5030-B

STUDENT WELLNESS – Healthy Fundraising Alternatives

The following are offered as an informational resource, not an endorsement.

Fundraises, which include lists of suggested events for schools, sports, and clubs that offer healthy alternatives, and do not include the sale of food items.

<http://www.californiaprojectlean.org/docuserfiles/Ideas%20for%20healthy%20fundraising%20fact%20sheet.pdf>

Resources for healthy schools including creative financing and fundraising, snack and vending ideas, communication of policy, etc.: <http://actionforhealthykids.org>

Suggestions and products for school fundraisers that teach nutrition. This site offers ideas for generating revenue with products that educate parents and are beneficial to children's health. <http://www.fundraisers.com/ideas/lunchboxcomics>

Links to sites that offer fund raisers for schools:

<http://www.actionforhealthykids.org/storage/documents/parent-toolkit/fundraisers-family-health-f1.pdf>

<https://healthymeals.fns.usda.gov/hsmrs/Kansas/Fundraising%20Ideas%20for%20Schools.pdf>

https://www.multicare.org/file_viewer.php?id=8348&title=Cash+without+Calories+-+School+Activity

https://www.michigan.gov/documents/mdch/Healthy_Fundraising_369122_7.pdf

Alternative ways to reward students:

https://healthymeals.fns.usda.gov/hsmrs/Connecticut/Food_As_Reward.pdf

http://polkdhsd7.sharpschool.com/UserFiles/Servers/Server_3751710/File/D7%20PB%20Behavior%20Intervention%20Website%20Resources/Rewards%20Kids%20Will%20Crave.pdf